



Rosh Hashanah is late on the secular calendar this year. It is easy to get caught up in the preparation for the holidays and forget the true meaning and feelings that they provide. Below are a few quotes to help us remember the gift that Rosh Hashanah truly is.

From everyone at Park Plaza, we wish you a very Happy New Year!

Bring them home!



Embrace radical amazement

Our goal should be to live life in radical amazement ... get up in the morning and look at the world in a way that takes nothing for granted. Everything is phenomenal; everything is incredible; never treat life casually. To be spiritual is to be amazed. - Rabbi Abraham Joshua Heschel

Be a little bit better each day

May you replace ease with effort, may you find joy in always scaling new mountains, may you never rest from your pursuit of knowledge; may you desire to always be a little bit better than yesterday and a little bit less than tomorrow. That's what will make you a whole human being and bring you true happiness. - Rabbi Benjamin Blech

Life is short

There is only one constraint- namely, that however much of anything else we have, we have only one life, and it is short. How we live and what we live for are the most fateful decisions we ever make. - Rabbi Jonathan Sacks z"l

Embrace the space

Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom. - Viktor Frankl

Shabbat Times

October

Candle Lighting

Havdalah

| | | |
|---------------|----------------|---------|
| 10/2 | 6:09 - 6:29 pm | |
| 10/3 | 7:08 pm | |
| 10/4 - 10/5 | 6:06 - 6:26 pm | 7:06 pm |
| 10/11 - 10/12 | 5:54 - 6:14 pm | 6:55 pm |
| 10/16 | 5:46 - 6:06 pm | |
| 10/17 | 6:47 pm | |
| 10/18 - 10/19 | 5:43 - 6:03 pm | 6:44 pm |
| 10/23 | 5:36 - 5:56 pm | |
| 10/24 | 6:37 pm | |
| 10/25 - 10/26 | 5:33 - 5:53 pm | 6:35 pm |

Announcements

October Birthdays

| | |
|-----------------|-------|
| Phyllis Reifer | 10/6 |
| Sol Harris | 10/9 |
| Gloriann Levy | 10/20 |
| Morton Harris | 10/23 |
| Mary Kolodny | 10/24 |
| Sally Jablo | 10/27 |
| Robert Reznisky | 10/28 |
| Sheila Dallal | 10/31 |











Welcome to Park Plaza

Janice Harris
Judy Bohrer

Condolences

To the family of Diane
Yariv upon her passing
Board member Stephen
Landes on the passing of
his mother

Mazel Tov

-  Seymour Lepp on the double engagement of his great-granddaughter & great-grandson
-  Sol Harris on the birth of a great-granddaughter
-  Dr. Avraham & Sarah Brandes on the wedding of their granddaughter
-  Esther Lichtshein on the birth of a great-grandson
-  Phyllis Reifer on the birth of a great-granddaughter
-  Emily Morris on the engagement of her granddaughter
-  Larry Perlmutter on the upcoming wedding of his granddaughter
-  Lee Glickman on the birth of a great-grandson
-  Sharon Skidelsky on the engagement of her granddaughter
-  Bonnie & R. Michael Myers on the birth of a great-granddaughter and celebrating their 55th wedding anniversary

A Happy New Year Wish

By: Shimon Sosnow

Rosh Hashana is a time for apples and honey

May your life be happy, full, & sunny.

May you always be sweet and stay very young

May the songs of your soul always be sung.

Once again, a time to begin anew,

A time to be proud to be known as a Jew.

A Happy New Year is my prayer for you

May your joys be many, and may your sorrows be few...

Get Involved in the New Year

The New Year is a great time to try new things and get involved at Park Plaza. We have many great activities, outings, and events every week. Check out the schedule to see what interests you. Just because Park Plaza is independent living does not mean you must be alone. Community is essential for people to thrive, and with a great community right outside your door, there are many opportunities to meet new people and make new friends. Trying a new activity once a week is a great way to start getting more involved and active in our great community.

From the Rabbi's Desk



Rabbi Eitan Allen

This October, we have something very special. It coincides with a month of Jewish holidays. It is later than in many years, but this month, we have a chance to embrace our heritage, beliefs, and way of life with both arms.

We will begin on October 3rd with Rosh Hashana when we will inaugurate the year 5785 and inaugurate a new Jewish year. This is a time of coronation for Hashem and a chance to reawaken the purest and truest sense of ourselves.

The Talmud teaches that everyone is judged on this day, and all mankind is seen and examined for the coming year. We awaken ourselves with the blasts of the Shofar as we spend the day in joyful prayer, interspersed with festive meals.

October 12th will be the High Holy Day of Yom Kippur. We will have the most treasured opportunity to seek forgiveness for all our transgressions from the previous year. Fasting and prayer will help us commit to a new year and a new sense of being. It is a time for reflection and soul searching and ultimately a happy time as we come back to our deepest sense of goodness and holiness.

Finally, on October 17, we begin Sukkot. We will eat and dwell in our beautiful sukkah for seven days as we rejoice in Hashem's protection of the world and celebrate this joyous holiday. We wave the four species around to recall that Hashem is everywhere and directs all life. At the end, we will celebrate Shmini Atzeret and Simchat Torah. This will mark the anniversary of the terrible massacres that occurred on Simchat Torah one year ago in Israel. While we will still dance and celebrate the holiday as is fitting, the victims will not be far from our hearts. To commemorate, we will have a new Torah cover from Israel for our shul emblazoned with the Israeli flag and the name of one of the victims.

Please join us this month to pray, to sing, to reflect and to grow and celebrate.

May we all be blessed with a happy, healthy and sweet new year!

Shana Tova,
Rabbi Allen

Ice Cream Social



September


| Sunday | Monday | Tuesday | Wednesday |
|---|---|---|---|
|  |  | <p>1 28 Elul</p> <p>Park Plaza Singers Choir Concert @ 1:45 pm - Back Dining Room</p> | <p>2</p> <p>Candle L</p> <p>6:09 - 6</p>  <p>Erev Rosh</p> |
| <p>6 4 Tishrei</p> | <p>7 5 Tishrei</p> <p>October 7th Remembrance Program @ 3pm - Back Dining Room</p> | <p>8 6 Tishrei</p> <p>Cantor Kohan Chazzan @ 1:45 pm - Back Dining Room</p> | <p>9</p> <p>Tashlich a Boundary Par Allen & Sa Allan Kaye pm - Back D</p> |
| <p>13 11 Tishrei</p> <p>Venti Wind Quartet @ 1:30 pm - Back Dining Room</p> | <p>14 12 Tishrei</p> <p>Outing to Rita's Italian Ice - Bus Departs: 2pm</p> | <p>15 13 Tishrei</p> | <p>16</p> <p>Candle L</p> <p>5:46 - 6</p>  <p>Erev S</p> |
| <p>20 18 Tishrei</p> <p>Carlbach Combo @ 1:45 pm - Back Dining Room</p> <p>Pizza in the Hut @ 3pm in the Sukkah</p> <p>Fourth Day of Sukkot</p> | <p>21 19 Tishrei</p> <p>Oktoberfest Band @ 6:45 pm - Multipurpose Room</p> <p>Fifth Day of Sukkot</p> | <p>22 20 Tishrei</p> <p>Sixth Day of Sukkot</p> | <p>23</p> <p>Candle</p> <p>5:36 - 5</p>  <p>Seventh Da</p> |
| <p>27 25 Tishrei</p> <p>Pianist Yan Skladman @ 1:45 pm - Back Dining Room</p> | <p>28 26 Tishrei</p> | <p>29 27 Tishrei</p> | <p>30</p> <p>Lucas Singer/Keybo @ 6:45 pm - Room</p> <p>Broadway in C Like It Hot Palace T</p> |

2024

| | | | |
|-----------|----------|--------|----------|
| Wednesday | Thursday | Friday | Saturday |
|-----------|----------|--------|----------|

29 Elul


Candle Lighting
6:29 pm



Hashanah

3 1 Tishrei

Candle Lighting
7:08 pm



Rosh Hashanah

4 2 Tishrei

Candle Lighting
6:06 - 6:26 pm




Rosh Hashanah

5 3 Tishrei

Havdalah
7:06 pm



7 Tishrei

at Indian
Park with Rabbi
ara @ 2 pm

Duo @ 6:45
Dining Room

10 8 Tishrei

11 10 Elul

Candle Lighting
5:54 - 6:14 pm




Erev Yom Kippur

12 11 Elul

Havdalah
6:55 pm



Yom Kippur

15 Elul

Candle Lighting
6:06 pm



Sukkot

17 16 Elul

Candle Lighting
6:47 pm



First Day of Sukkot

18 17 Elul

Candle Lighting
5:43 - 6:03 pm




Second Day of Sukkot

19 18 Elul


Havdalah
6:44 pm



Third Day of Sukkot

22 Elul


Candle Lighting
5:56 pm



Day of Sukkot

24 23 Elul

Candle Lighting
6:37 pm



Shmini Atzeret

25 24 Elul

Candle Lighting
5:33 - 5:53 pm




Simchat Torah

26 25 Elul

Havdalah
6:35 pm



28 Tishrei

Levon
ard Performer
Back Dining
om

Chicago - Some
at Cadillac
Theater

31 29 Tishrei

October Birthday
Party with Anatoly @
1:45 pm - Back Dining
Room




Ice Cream Social



Ice Cream Social



Arts & Crafts



Happy Birthday!!



Birthday Party



Tuesday, October 1st
Park Plaza Singers Choir Concert @ 1:45 pm - Back Dining Room

Wednesday, October 2nd
Shopping at Trader Joes @ 1:30 pm - Sign up at the Front Desk

Thursday, October 3rd and Friday, October 4th
Shofar Blowing with CMC Volunteers @ 4:40 pm - Lobby

Tuesday, October 8th
Cantor Kohan Chazzan @ 1:45 pm - Back Dining Room

Wednesday, October 9th
TASHLICH at Indian Boundary Park with Rabbi Allen & Sara @ 2 pm

Wednesday, October 9th
Allan Kaye Duo @ 6:45 pm - Back Dining Room

Sunday, October 13th
Venti Wind Quartet @ 1:30 pm - Back Dining Room

Monday, October 14th
Outing to Rita's Italian Ice - Bus Departs: 2pm

Wednesday, October 16th
Shopping at Dollar Tree & Tel - Aviv Pizza (Check out the new location) @ 12 pm

Sunday, October 20th
Carlbach Combo @ 1:45 pm - Back Dining Room

Sunday, October 20th
Pizza in the Hut @ 3pm in the Sukkah

Monday, October 21st
Oktoberfest Band @ 6:45 pm - Multipurpose Room

Sunday, October 27th
Pianist Yan Skladman @ 1:45 pm - Back Dining Room

Wednesday, October 30th
Broadway in Chicago - Some Like It Hot at Cadillac Palace Theater - Bus Departs: 11:30 am - Sign up and pay \$23 at the Front Desk

Wednesday, October 30th
Lucas Levon singer/keyboard performer @ 6:45 pm - Back Dining Room



Thursday, October 31st
October Birthday Party
@ 1:45 pm Back Dining Room

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